



## Quilters Connection

### Mary Pal: Supply List for Introduction to Portraits

#### SCULPTING SUPPLIES:

Cheesecloth: plain white from a package or fabric store bolt, the finer the better (Grade 10)  
Dura-lar: clear, not matte, .005" – (not dura-lar "for wet media") - two 9 x 12" sheets  
Tape: masking or clear and glue stick  
Sharpie markers in 2 different colours (I use red and green or blue; reg, fine or X-fine)  
Small sharp scissors you don't mind getting glue on  
Smallest rotary cutter you own – 18 mm is *ideal*  
Paintbrushes: #2 round bristle and 1/2" flat or angled bristle (not foam)  
White PVA glue (e.g. LePage's White Glue, Elmer's... any white glue for paper or fabric that dries clear) – but not Weldbond (which is not a PVA glue, though it is white)  
Small plastic containers – one medium-sized (2 cup/500 mL) for water; 1 small one for glue (yogurt container or plastic drinking glass)  
1 or 2 wooden skewers (any length)  
old kitchen towel or J-cloth

#### APPLIQUÉ LIST:

1. Sewing machine, free-motion foot, basic sewing kit
2. #90 Topstitch needles
3. Monofilament ("invisible" nylon or polyester) thread (my machine likes Unique nylon thread)
4. Background fabric in plain, very dark colour for high contrast – solids work best
5. Bobbin with black thread

#### FINISHING (12x12-in. or 10x12-in. pillowcase-turned quilt)

Sewing machine, free-motion foot, basic sewing kit, thread to match border fabric  
Bobbin with thread to match border fabric  
Background fabric (e.g. sturdy black canvas or cotton with stabilizer behind so it doesn't buckle when zigzag-stitched) in solid (or reads as solid) very dark colour  
Border fabric (to frame dark central portrait background – so it can be a fat quarter of plain or lightly patterned cotton, textured fabric like linen, burlap, or whatever looks like a neutral frame for your dark background)  
Batting and backing for either 13x13-inch or 11x13-inch rectangle  
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